

## BEER & CIDER

PERONI NASTRO AZZURRO 5% ABV 330ml   660ml	4.95   6.95	HOPHEAD 3.8% ABV 500ml	6.95
PERONI GRAN RISERVA 6.6% ABV 500ml	6.95	MEANTIME ANYTIME IPA 4.7% ABV 330ml	5.15
PERONI NASTRO AZZURRO GLUTEN- 5% ABV 330ml	FREE 4.95	CORNISH ORCHARDS GOLD CIDER 5% ABV 500ml	5.95
<b>PERONI 0.0% 0% ABV</b> 330ml 73 kcal	4.75	CORNISH ORCHARDS RASPBERRY & ELDERFLOWER CIDER	5.95

## See our Drinks Menu for full range of wines, spirits and mixer drinks.

The ABV% on alcoholic drinks are correct at the time of printing this menu, but could be subject to change. Adults need around 2000 kcal a day.

## **SOFT DRINKS**

San Pellegrino Lemon 63 kcal or Blood Orange 66 kcal	3.65	Flawsome Pressed wonky fruit Apple & Rhubarb 60 kcal, Apple &	1 3	3.65
Coke 145 kcal   Diet Coke 1 kcal   Coke Zero 1 kcal   Sprite Zero 1 kcal	3.65	Apple Juice 135 kcal   Orange Juice 122 kcal		3.65
Sicilian Still Lemonade 83 kcal   Appletiser 121 kcal	3.85	Belu Water (Still / Sparkling)	Small 1 kcal <b>2.95</b>   Large 1 kca	4.50

LUNC SETM CORE 006018



# Enjoy a main course for 10.95

Add a starter, side and dessert for 3.00

## STARTERS -

#### GARLIC BREAD v ve

Brushed with garlic and rosemary. Always a hit. 582 kcal



and caramelised balsamic onions. 683 kcal Or, **just cheese** please. 622 kcal

#### CHEESY CHILLI GARLIC BREAD V 689 kcal

A cheesy hit, with added kick. Mozzarella, garlic & chilli.

#### CALAMARI

Crispy squid, served with wild garlic aioli. 505 kcal

### **BRUSCHETTA** v ve

Red & orange baby plum tomatoes with red onion and fresh basil, on freshly baked pizza dough drizzled with sticky balsamic. 403 kcal

Add Bufala mozzarella V for 1.95 125 kcal

## PASTA

### **SPAGHETTI BOLOGNESE**

Our take on a crowd favourite, with a beef & tomato ragu. 683 kcal

#### CASARECCIA DELLA CASA

Roasted chicken breast, oven-baked with prosciutto and spinach in a creamy mushroom, pancetta & Madeira wine sauce. 950 kcal

#### SPAGHETTI CHORIZO CARBONARA

Spaghetti in a carbonara sauce with pancetta & chorizo. 953 kcal

## favourites CASARECCIA POLLO PICCANTE

Spicy harissa chicken breast with tomatoes and baby spinach in a creamy harissa sauce for the right amount of kick. 1079 kcal

### SPAGHETTI POMODORO V < 600 kcal

A vibrant, velvety number made with tomatoes and Bufala mozzarella. 586 kcal

Ask to go vegan. V Ve 461 kcal

#### Have an allergy?

No problem! Before you order head to zizzi.co.uk/allergens-info or scan the QR code for allergen information. Please let us know when you order too, even if you've had the dish before.



## RUSTICAS -

Just shout to go non-gluten.

#### **PURE PEPPERONI**

We've tripled the pepperoni. A classic for a reason. 996 kcal

#### MARGHERITA v

Everyone's go-to: made in our signature Rustica style with tomato, mozzarella and fresh basil, 783 kcal.

Ask to go vegan. V Ve 839 kcal

#### **PINOLI v**

Goat's cheese, mozzarella, caramelised balsamic onions, Sunblush tomatoes, pine nuts and riserva cheese. 903 kcal

Add torn chicken breast for 2.50 111 kcal

## favourites MEAT SOFIA

Say hello to a tempting trio of harissa chicken breast, pepperoni and torn pork & garlic meatballs. Topped off with mozzarella, spicy Roquito chillies and rosemary. 1196 kcal

## **MEAT & SALAD**

### **CHICKEN MILANESE**

Breaded chicken breast with Tuscan-style new potatoes, green beans & spinach. 1023 kcal Ask to swap Tuscan-style new potatoes for chips. 1347 kcal

### CHICKEN & PROSCIUTTO SALAD < 600 kcal

Torn chicken breast with avocado, tomato and mixed salad leaves, with a Caesar dressing, riserva cheese and crispy prosciutto. 423 kcal

Add a chicken skewer 302 kcal or a harissa king prawn skewer 121 kcal for 4.95

### CHIPS v ve

Crispy thin chips seasoned with rosemary and sea salt. 729 kcal

#### MIXED LEAF SALAD V

The perfect side salad, made with Caesar dressing & riserva cheese. 185 kcal

### **SWEET POTATO FRIES V Ve**

Perfectly seasoned. 396 kcal

## **DESSERTS**

### ZILLIONAIRE'S FUDGE CAKE v ve

Warm chocolate fudge cake layered with salted caramel sponge, finished with honeycomb pieces. It's a winner, 667 kcal

#### CHOCOLATE MELT v

Warm chocolate pudding with a melted centre served with vanilla gelato. 532 kcal

### TIRAMISU v < 400 kcal

Espresso-soaked sponge, layered with mascarpone. 361 kcal

#### GELATO & SORBET • 3 scoops, Choose from:

Vanilla V 61 kcal | Chocolate V 67 kcal | Salted Caramel V Ve 77 kcal Sicilian Lemon & Ricotta V 72 kcal | Strawberry Sorbet V Ve 37 kcal | Blackcurrant & Mascarpone V 58 kcal Kcals are for one scoop.

## **MOCKTAILS & SOFT DRINKS**

**NEW BLACKBERRY REFRESHER** 

Blackberry, lemon and soda. 77 kcal

STRAWBERRY SPARKLER

Strawberry, Persian lime and soda. 44 kcal

## favourites RASPBERRY & MINT COOLER Raspberry, mint, lime and soda. 59 kcal

**PASSION FRUIT SPARKLER** Passion fruit, mango, lime and soda. 97 kcal

NEW SIPSMITH FREEGLIDER 0.0% ABV

With your choice of tonic or soda. 54 kcal

4.95 NEW GOODRAYS

 $^{\simeq}$  A 30mg CBD-infused non-alcoholic sparkling drink. Pick from: Raspberry & Guava 28 kcal or Passion fruit & Pomelo. 33 kcal

4.95

**NEW HUMBLE WARRIOR** 

A sparkling botanical drink with your daily dose of Vitamin C. Pick from: Mango & Turmeric 43 kcal or Pineapple & Ginger. 28 kcal

**NEW LONDON ESSENCE** 

3.95

Original Tonic 34 kcal, Blood Orange & Elderflower Tonic 34 kcal, Roasted Pineapple Soda 36 kcal, Pink Grapefruit Soda 36 kcal, Ginger Ale 34 kcal

## **Menu Key**

## V = Vegetarian | Ve = Vegan

(Ve) Vegan. Our vegan dishes are not necessarily suitable for those with allergies. For more information visit our allergen menu.

<600 kcal = under 600 kcal / <400 kcal = under 400 kcal

For full nutrition information visit zizzi.co.uk/menu-info Adults need around 2000 kcal a day.





Service & payment at your fingertips

20.09- LUNC SETM CORE 006018 - V8.indd 3-4