



Zizzi

**ALLERGEN GUIDE
ROI & BEL 2025**

IMPORTANT ALLERGEN INFORMATION

We want all of our customers to feel relaxed eating at Zizzi so we take very seriously our responsibility towards looking after our guests with food allergies and dietary requirements. We proactively ask customers about allergies and have allocated Allergen Managers to ensure a safe process, from order through to serving.

We also provide allergen filtering through Speedy order, our digital table ordering system.

This guide has been developed to help you make a safe and informed choice about our food but if you have any concerns, please talk to a member of staff, click on Talk To Us on our website, or email feedback@zizzi.co.uk

Please take some time to read the important information at the front of the guide and please tell us about your allergy before ordering. Please also remember to check this guide every time as our dish descriptions don't always mention every single ingredient and recipes do change from time to time.

Delivery

For Click & Collect and Delivery Orders, we can't currently cater for allergies or specific dietary requirements.

Please come and visit one of our restaurants to order in person or dine in with us.

Which allergens are covered within this guide?

This allergen guide covers the 14 allergens specified by the EU Food Information Regulations*. It lists which allergenic ingredients are contained in each of our dishes and shows which are suitable for vegan and vegetarian diets.

We also include 'may contain' warnings from our suppliers. (This is where an allergen is not in a recipe or intentionally in a dish, but where the manufacturer of an ingredient believes that cross-contact may still be a risk). However, our busy kitchens handle numerous ingredients and allergens. Whilst we have controls in place to reduce the risk of cross-contact, it is not possible for us to guarantee that any of our dishes will be allergen free.**

Unfortunately, allergen segregation is not possible in our fryers and boilers. This is detailed in the allergen tables so please just check the comments on each dish before ordering. Please note our non-gluten pasta is always cooked separately to order. None of our dishes are gluten free so they may not be suitable for coeliacs.

Allergens contained within our condiments & extra toppings are not included in this information. So, the cheese offered at your table for example contains milk and will alter the suitability of your dish.

Our vegan dishes are made with care to a vegan recipe. However, due to cross contact at our suppliers and in our busy kitchens, these dishes are not necessarily suitable for those with allergies.

*in accordance with the EU Food Information Regulations only cashew nuts, almonds, hazelnuts, walnuts, Brazil nuts, pistachio nuts, macadamia nuts and pecan nuts are covered under the "nuts" column on our allergen guide therefore ingredients such as pine nuts (pine kernels) or chestnuts are not covered.

**where a dish contains cereals containing gluten or tree nuts, please note additional species 'may contain' are not covered.

What if I have an allergy outside the 14?

We recognise that some people want to avoid many other food ingredients and we now provide the full ingredient declarations for a select number of our dishes. Please head to the Allergen Information tab at www.zizzi.ie/allergens-info and select the Full Ingredients button. If you are unable to find a dish suitable for your dietary requirements here, we advise you not to order. However, as you know more about your allergy than we do, we will leave it up to you if you want to proceed.

Due to the seriousness of allergies and food intolerances, our restaurant teams will not be able to help select dishes and they do not hold full ingredient information on any other menu items. Alternatively, if you let our head office know your dietary requirements in advance of your visit they will try to help you with your dish choices. Click on Talk To Us on our website or email feedback@zizzi.co.uk

We are committed to continually reviewing and improving our processes around allergies and dietary requirements and we are working on a solution that will enhance our ability to provide even more detailed ingredient and allergen information in the near future.

FAQs

Which are the 14 allergens covered within your allergen guide?

Celery, Cereals containing Gluten, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites and Tree Nuts.

Can you guarantee my food will be allergen free?

No, we can't guarantee that any of the dishes on our menu will be allergen free as our kitchens are busy places where we handle numerous ingredients and allergens, therefore cross-contact is always possible. We cook a range of items in our fryers and boilers and are unable to cook these items separately for customers with allergies and intolerances. In addition, some of our ingredients come from suppliers who put 'may contain' warnings on their products. This is where the manufacturer believes that traces of allergens may be present.

Do you pass on supplier 'May Contain' warnings?

Yes, we do. Supplier 'may contain' warnings are highlighted with an asterisk*. However, our busy kitchens handle numerous ingredients and allergens. Whilst we have controls in place to reduce the risk of cross-contact, it is not possible for us to guarantee that any of our dishes will be allergen free. Please note, where a dish contains cereals containing gluten or tree nuts, additional species 'may contain' are not covered.

How can a dish be labelled vegan if it 'may contain' milk, eggs, crustaceans, fish or molluscs?

Vegan food can be prepared in factories and areas where products of animal origin may be present. This could mean that some vegan food products could unintentionally contain allergens. You can read more about this on the Food Standards Agency website <https://www.food.gov.uk/safety-hygiene/vegan-food-and-allergens>.

I'm allergic to dairy/milk, can I use the vegan menu?

Our vegan dishes are made with care to a vegan recipe. However, due to cross-contact at our suppliers and in our busy kitchens, these dishes are not necessarily suitable for those with allergies. Please refer to the allergen tables.

How can a dish be labelled Non-Gluten if it 'may contain' cereals containing gluten?

Our Non-Gluten dishes are recipes that do not intentionally contain gluten. Some of these recipes therefore have manufacturers 'may contain' warnings for gluten and there is also the risk of cross-contact in our busy kitchens. For these reasons, we do not label these dishes as gluten free so they may not be suitable for coeliacs.

I am Coeliac, what can I eat?

None of our dishes are gluten free but our classic pasta dishes can be made with our non-gluten containing fusilli. Our classic and rustica pizzas can also be made with our circular non-gluten containing base.

Is your non-gluten pasta cooked separately?

Yes, our non-gluten containing fusilli is cooked separately to order.

Are you able to alter dishes to make it safe for my allergy?

As part of our allergen policy, we are unable to make modifications to dishes to remove allergens. Sometimes the allergen is hidden in ingredients such as stocks and sauces. Please use the allergen table to choose a dish that is suitable for you. However, you are welcome to remove ingredients or add suitable ingredients to dishes that don't contain the allergen you are trying to avoid.

How will I know that the dish served to me is suitable for my allergy?

Provided you make us aware of your allergy, we will take extra care preparing your dish and it will be brought to you by an Allergen Manager who will confirm your order. Dishes for customers with allergies, vegans and those requiring non-gluten dishes will be marked with a sticker.

I have a nut allergy. Which nuts are covered in the allergen guide?

In accordance with the EU Food Information Regulations only cashew nuts, almonds, hazelnuts, walnuts, Brazil nuts, pistachio nuts, macadamia nuts and pecan nuts are covered under the "nuts" column on our allergen guide. Therefore ingredients such as pine nuts (pine kernels) or chestnuts are not covered.

Which cheeses are pasteurised?

All of our cheeses are pasteurised.

Why are your lemons not suitable for vegans?

Some lemons are waxed to maintain their appearance. Waxes may be made from shellac or beeswax, which is not strictly vegan.

Is the cheese served at the table vegetarian?

Yes, the cheese served at your table is suitable for vegetarians.

CROSS-CONTACT INFORMATION

Items fried in our fryers* may come into contact with: Gluten (Wheat), Milk, Molluscs.

* We fry a range of items in our fryers and are unfortunately unable to fry items separately for customers with allergies and intolerances. Please note that we do have separate vegetarian and non-vegetarian fryers. However, these are in close proximity to each other, and we are unable to guarantee full oil segregation. In order to protect those with allergies, we have combined the cross-contact information from both the vegetarian and non-vegetarian fryers.

Items that are cooked in our pasta boilers may come into contact with: Gluten (Wheat), Eggs.**

**Due to the way we cook our pasta in our small, busy kitchens, we are unfortunately unable to guarantee that there will be no cross-contact with other allergens. Our vegan dishes are made to care to a vegan recipe, however, may not be suitable for those with allergies. Our non-gluten pasta dishes are cooked separately to order and this is detailed beside relevant dishes in the allergen tables.

NIBBLES																	
Does it contain?															Suitable For?		Comments:
Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Complimentary Pasta crisp															Yes	Yes	INGREDIENTS: Yellow Pea Flour, Potato Starch, Rice Flour, Cornflour, Potato Granules, Pregelatinised Potato Starch, Lo-Salt (Sodium Chloride, Potassium Chloride), Emulsifier (Calcium Chloride), Emulsifier (Mono-And Diglycerides Of Fatty Acids), Brown Sugar (Sugar, Cane Molasses), Smoked Paprika, Sea Salt, Black Pepper, Garlic Powder, Cumin, Ginger, Colours (Paprika Extract, Curcumin, Annatto Norbixin), Rapeseed Oil, Palm Oil. Fried with other allergens - for cross-contact info, see page 3
Pasta Crisps	Yes														Yes	Yes	Fried with other allergens - for cross-contact info, see page 3
Cheeky Olives															Yes	Yes	
Little Soul Breads		Yes: Wheat										*			Yes	Yes	

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STARTERS																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Garlic & chorizo Bombe		Yes: Wheat				*	Yes					*					
Garlic & Mozzarella Bombe		Yes: Wheat				*	Yes					*			Yes		
King Prawn Spiedini with Seafood Sauce	Yes		Yes		Yes	*	Yes						Yes				
King Prawn Spiedini with Garlic Sauce			Yes			*											
Bruschetta		Yes: Wheat										*	Yes		Yes	Yes	
Cheesy Chilli Garlic Bread		Yes: Wheat					Yes					*			Yes		
Fonduta Formaggi		Yes: Wheat		Yes		*	Yes					*			Yes		
Garlic Bread with Mozzarella (No Onion)		Yes: Wheat					Yes					*			Yes		
Roasted Aubergine meatballs	*											Yes			Yes	Yes	
Mozzarella Arancini	Yes					*	Yes								Yes		Fried with other allergens. For cross-contact info see page 3.
Bufala Caprese Salad							Yes						Yes		Yes		
Garlic Bread		Yes: Wheat										*			Yes	Yes	
Garlic Bread with Mozzarella		Yes: Wheat					Yes					*			Yes		
Large Calamari					*	*		Yes	Yes								Fried with other allergens. For cross-contact info see page 3.
Small Calamari					*	*		Yes	Yes								Fried with other allergens. For cross-contact info see page 3.

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Chicken Spiedini									Yes								
Mushroom Brindisi		Yes: Wheat				*	Yes					*			Yes		Sage fried with other allergens. For cross-contact info see page 3.
Add freshly baked bread		Yes: Wheat										*			Yes	Yes	
Take Away Only: Double Mozzarella Arancini	Yes					*	Yes								Yes		Fried with other allergens. For cross-contact info see page 3.
Pork & Garlic Meatballs	*						Yes										
SHARING BOARDS																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Grande Antipasti		Yes: Wheat					Yes					*	Yes				
Add Chicken Skewers																	
Add Harissa King Prawn Skewers			Yes			*											
Favourites Board	Yes	Yes: Wheat			*	*	Yes	Yes	Yes			*	Yes				Fried with other allergens. For cross-contact info see page 3.
Fonduta Board	Yes	Yes: Wheat		Yes		*	Yes		Yes			*			Yes		Fried with other allergens. For cross-contact info see page 3.

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SALADS																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Add Harissa King Prawn Skewer			Yes			*											
Add Chicken Skewers +Add Goats Cheese							Yes								Yes		
Chicken and Prosciutto Salad				Yes	Yes		Yes		*		*						
Super Zucca Salad		Yes: Barley, Wheat											Yes		Yes	Yes	
MEAT, FISH & RISOTTO																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Add Chicken Skewers																	
Add Harissa King Prawn Skewer			Yes			*											
Beef Brisket & Venison Stufato		Yes: Wheat					Yes					*	Yes				Sage fried with other allergens. For cross-contact info see page 3.
King Prawn & Pesto Risotto			Yes			*	Yes										
Chicken & Pancetta Risotto							Yes										Sage fried with other allergens. For cross-contact info see page 3.
Irish Confit Duck Leg						*	Yes										Sage fried with other allergens. For cross-contact info see page 3.

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MEAT, FISH & RISOTTO																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Chicken Calabrese	Yes					*	Yes										Sage fried with other allergens. For cross-contact info see page 3.
Pan-Fried Salmon					Yes	*											
Roasted Mushroom Risotto						*	Yes								Yes		Sage fried with other allergens. For cross-contact info see page 3.
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RUSTICAS																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Add torn chicken breast																	
Rustica Chicken & Fiery Roquito		Yes: Wheat					Yes					*					
Rustica Pure Pepperoni		Yes: Wheat					Yes					*					
Rustica Margherita		Yes: Wheat					Yes					*			Yes		
Rustica Pepperoni Campagna		Yes: Wheat					Yes					*					
Rustica Piccante		Yes: Wheat					Yes					*					
Rustica Pinoli		Yes: Wheat					Yes					*			Yes		
Rustica Primavera		Yes: Wheat					Yes					*			Yes		
Rustica Meat Sofia		Yes: Wheat				*	Yes					*					
Vegan Rustica Margherita		Yes: Wheat										*			Yes	Yes	
Take Away Only: Meat Feast		Yes: Wheat				*	Yes					*					
Rustica Wagyu Royale with Buffalo		Yes: Wheat					Yes					*	Yes				
Rustica Sticky Pig		Yes: Wheat					Yes					Yes					
Rustica Vegan Aubergine 'Meatball'		Yes: Wheat										Yes	Yes		Yes	Yes	
Rustica Truffle Salami	*	Yes: Wheat					Yes					Yes		*			Sage fried with other allergens. For cross-contact info see page 3.

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PIZZA FRESCA																	
	Does it contain?														Suitable For?		Comments
Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Harissa Gamberetto		Yes: Wheat	Yes									*					
Add crispy prosciutto																	
Roast Pollo & Pesto		Yes: Wheat					Yes					*					
Verdura		Yes: Wheat					Yes					*	Yes		Yes		
CALZONE																	
	Does it contain?														Suitable For?		Comments
Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Calzone Carne Piccante	Yes	Yes: Wheat			Yes		Yes					*	Yes				
Calzone Pollo Spinaci	Yes	Yes: Wheat					Yes					Yes					
CLASSIC PIZZA																	
	Does it contain?														Suitable For?		Comments
Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Ask for double cheese							Yes								Yes		
Classic Margherita		Yes: Wheat					Yes					*			Yes		
Classic Pepperoni Campagna		Yes: Wheat					Yes					*					
Classic Pinoli		Yes: Wheat					Yes					*			Yes		
Classic Vegan Margherita		Yes: Wheat										*			Yes	Yes	
Add torn chicken breast																	

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NON-GLUTEN PIZZA																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Non-Gluten Sticky Pig							Yes					Yes					
Add torn chicken breast																	
Non-Gluten Vegan Aubergine Meatball												Yes	Yes		Yes	Yes	
Non-Gluten Vedura							Yes						Yes		Yes		
Non-Gluten Roast Pollo & Pesto Fresca							Yes										
Non-Gluten Meat Feast						*	Yes										
Non-Gluten Chicken & Fiery Roquito							Yes										
Non-Gluten Margherita							Yes								Yes		
Non-Gluten Meat Sofia						*	Yes										
Non-Gluten Pepperoni Campagna		*					Yes					*					
Non-Gluten Piccante							Yes										
Non-Gluten Pinoli							Yes								Yes		
Non-Gluten Primavera							Yes								Yes		
Non-Gluten Pure Pepperoni							Yes										
Non-Gluten Vegan Margherita															Yes	Yes	
Non-Gluten Truffle Salami	*						Yes					Yes		*			Sage fried with other allergens. For cross-contact info see page 3.
Non-Gluten Wagyu Royale with Buffalo							Yes						Yes				
Non-Gluten Harissa Gamberetto			Yes														

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PASTA SUPERIORE																		
Menu Item Name	Does it contain?															Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan		
Wagyu Meatballs Arrabbiata	*	Yes: Wheat	*	Yes	*		Yes	*	*			*	*				Boiled with other allergens. Sage fried with other allergens. For cross-contact info see page 3.	
Sausage Ragu	*	Yes: Wheat	*	Yes	*	*	Yes	*	Yes			*	Yes				Boiled with other allergens. Sage fried with other allergens. For cross-contact info see page 3.	
Piccante King Prawn	*	Yes: Wheat	Yes	Yes	*	*	Yes	*	*			*	*				Boiled with other allergens. For cross-contact info see page 3.	
Pea & Pecorino Mafaldine	*	Yes: Wheat	*	Yes	*		Yes	*	*			*	*		Yes		Boiled with other allergens. For cross-contact info see page 3.	
Truffle & Pancetta Carbonara	*	Yes: Wheat	*	Yes	*	*	Yes	*	Yes			*	*	*			Boiled with other allergens. Sage fried with other allergens. For cross-contact info see page 3.	
Slow-Cooked Beef & Chianti Ragu	*	Yes: Wheat	*	Yes	*	*	Yes	*	*			*	Yes				Boiled with other allergens. Sage fried with other allergens. For cross-contact info see page 3.	
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Casareccia Pork & Garlic Meatballs	*	Yes: Wheat				*	Yes		*			*					Boiled with other allergens. For cross-contact info see page 3.
Casareccia Pollo Piccante		Yes: Wheat					Yes		*			*					Boiled with other allergens. For cross-contact info see page 3.
King Prawn Linguine	Yes	Yes: Wheat	Yes		Yes	*	Yes		*			*	Yes				Boiled with other allergens. For cross-contact info see page 3.
Six Layer Lasagne		Yes: Wheat		Yes		*	Yes					Yes					
Vegan Rainbow Lasagne	*	Yes: Wheat		*	*		*		*			*		*	Yes	Yes	
Spaghetti Bolognese	Yes	Yes: Wheat			Yes				*			*	Yes				Boiled with other allergens. For cross-contact info see page 3.
Spaghetti Chorizo Carbonara		Yes: Wheat		Yes		*	Yes		*			*					Boiled with other allergens. For cross-contact info see page 3.
Spaghetti Pomodoro	*	Yes: Wheat					Yes		*			*			Yes		Boiled with other allergens. For cross-contact info see page 3.
Vegan Spaghetti Pomodoro	*	Yes: Wheat							*			*			Yes	Yes	Boiled with other allergens. For cross-contact info see page 3.
Casareccia Pesto Rosso		Yes: Wheat					Yes		*			*					Boiled with other allergens. For cross-contact info see page 3.
GO ALL OUT - bolognese, mozzarella & bechamel upgrade only?	Yes	Yes: Wheat		Yes	Yes		Yes					Yes	Yes				
Casareccia Della Casa		Yes: Wheat					Yes		*			*					Boiled with other allergens. For cross-contact info see page 3.
Lentil Ragu		Yes: Wheat				*			*			*			Yes	Yes	Boiled with other allergens. For cross-contact info see page 3.

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NON-GLUTEN PASTA																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Non-Gluten Sausage Ragu				*		*	Yes		Yes			*	Yes				Non-Gluten pasta cooked separately to order. Sage fried with other allergens. For cross-contact info see page 3
Non-Gluten Truffle & Pancetta Carbonara	*			Yes		*	Yes		Yes			*		*			Non-Gluten pasta cooked separately to order. Sage fried with other allergens. For cross-contact info see page 3
Non-Gluten Pomodoro	*			*			Yes					*			Yes		Non-Gluten pasta cooked separately to order.
Non-Gluten Pollo Piccante				*			Yes					*					Non-Gluten pasta cooked separately to order.
Non-Gluten Vegan Pomodoro	*			*								*			Yes	Yes	Non-Gluten pasta cooked separately to order.
Non-Gluten Bolognese	Yes			*	Yes							*	Yes				Non-Gluten pasta cooked separately to order.
Non-Gluten King Prawn Pasta	Yes		Yes	*	Yes	*	Yes					*	Yes				Non-Gluten pasta cooked separately to order.
Non-Gluten Vegan Lentil Ragu				*		*						*			Yes	Yes	Non-Gluten pasta cooked separately to order.
Non-Gluten Pesto Rosso				*			Yes					*					Non-Gluten pasta cooked separately to order.
Non-Gluten Chorizo Carbonara				Yes		*	Yes					*					Non-Gluten pasta cooked separately to order.
Non-Gluten Wagyu Meatball Arrabbiata	*			*			Yes					*					Non-Gluten pasta cooked separately to order. Sage fried with other allergens. For cross-contact info see page 3
Non-Gluten Slow-Cooked Beef & Chianti Ragu	*			*		*	Yes					*	Yes				Non-Gluten pasta cooked separately to order. Sage fried with other allergens. For cross-contact info see page 3
Non-Gluten Pea & Pecorino Pasta				*			Yes					*			Yes		Non-Gluten pasta cooked separately to order.
Non-Gluten Piccante King Prawn Pasta			Yes	*		*	Yes					*					Non-Gluten pasta cooked separately to order.

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MAFALDINE PASTA																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Bolognese Mafaldine	Yes	Yes: Wheat	*	Yes	Yes		*	*	*			*	Yes				Boiled with other allergens. For cross-contact info see page 3.
King Prawn Mafaldine	Yes	Yes: Wheat	Yes	Yes	Yes	*	Yes	*	*			*	Yes				Boiled with other allergens. For cross-contact info see page 3.
Mafaldine Pomodoro	*	Yes: Wheat	*	Yes	*		Yes	*	*			*	*		Yes		Boiled with other allergens. For cross-contact info see page 3.
Pesto Rosso Mafaldine	*	Yes: Wheat	*	Yes	*		Yes	*	*			*	*				Boiled with other allergens. For cross-contact info see page 3.
Pollo Piccante Mafaldine	*	Yes: Wheat	*	Yes	*		Yes	*	*			*	*				Boiled with other allergens. For cross-contact info see page 3.
Chorizo Carbonara Mafaldine	*	Yes: Wheat	*	Yes	*	*	Yes	*	*			*	*				Boiled with other allergens. For cross-contact info see page 3.
Lentil Ragu Mafaldine	*	Yes: Wheat	*	Yes	*	*	*	*	*			*	*		Yes		Boiled with other allergens. For cross-contact info see page 3.

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SIDES																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Courgetti Fritti		Yes: Wheat				*			*			*			Yes	Yes	Fried with other allergens. For cross-contact info see page 3.
Cheesy Chilli Garlic Bread		Yes: Wheat					Yes					*			Yes		
Crispy Riserva Potatoes						*	Yes								Yes		Fried with other allergens. For cross-contact info see page 3.
Garlic Bread with Mozzarella (No Onion)		Yes: Wheat					Yes					*			Yes		
Mixed Leaf Salad				Yes	Yes	*	Yes		*		*						
Loaded Bolognese Chips	Yes				Yes	*	Yes						Yes				Fried with other allergens. For cross-contact info see page 3.
Garlic Bread with Mozzarella		Yes: Wheat					Yes					*			Yes		
Green Beans															Yes	Yes	
Chips															Yes	Yes	Fried with other allergens. For cross-contact info see page 3.
Take Away Large Chips															Yes	Yes	Fried with other allergens. For cross-contact info see page 3.
Sweet Potato Fries															Yes	Yes	Fried with other allergens. For cross-contact info see page 3.
Mac & Cheese		Yes: Wheat		Yes			Yes		*			*			Yes		Boiled with other allergens. For cross-contact info see page 3.

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DESSERTS, SUNDAES & GELATOS																	
Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Does it contain?								Suitable For?		Comments
							Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Take Away only: Honeycomb Cheesecake		Yes: Oats, Wheat		Yes			Yes			*		Yes	*	*			
Twisted Affogato-Coffee Liqueur		Yes: Wheat		Yes			Yes		*			*		*	Yes		
Raspberry Collins Cheesecake				*			*							*	Yes	Yes	
Zillionaire's Fudge Cake		Yes: Wheat					*					Yes	*	*	Yes	Yes	
Triple Chocolate Brownie Sundae		Yes: Wheat		Yes			Yes			*		Yes	*	*			
Take Away Raspberry Collins Cheesecake				*			*							*	Yes	Yes	
+ Espresso															Yes	Yes	
Salted Caramel Chocolate Brownie		Yes: Wheat		Yes			Yes			*		Yes		*	Yes		
Take Away only: Salted Caramel Brownie		Yes: Wheat		Yes			Yes			*		Yes		*	Yes		
Tiramisu		Yes: Wheat		Yes			Yes					*	Yes	*	Yes		
Chocolate Gelato				Yes			Yes					Yes		*	Yes		
Strawberry Sorbet														*	Yes	Yes	
Vanilla Gelato				Yes			Yes							*	Yes		
Sticky Toffee Pudding		Yes: Wheat		Yes			Yes			*		Yes	*	*	Yes		
Take Away only: Sticky Toffee Pudding		Yes: Wheat		Yes			Yes			*		Yes	*	*	Yes		
Chocolate Melt	*	Yes: Wheat	*	Yes	*	*	Yes	*	*	*	*	Yes	*	*	Yes		
Take Away only: Chocolate Melt	*	Yes: Wheat	*	Yes	*	*	Yes	*	*	*	*	Yes	*	*	Yes		
Sticky Toffee Cheesecake		Yes: Oats, Wheat		Yes			Yes			*		Yes	*	*			
Vegan Salted Caramel Gelato												Yes			Yes	Yes	

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EXTRA																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Roquito Hot Honey															Yes		
+ Red Pepper Hummus															Yes	Yes	
+ Amarena Cherries															Yes		
+ Blackcurrant & Apple Squash 50ml													Yes		Yes	Yes	
+ Caesar Dressing				Yes	Yes		Yes		*		*						
+ Candied Green Jalapenos													Yes		Yes	Yes	
+ Customer use only: Balsamic Vinegar													Yes		Yes	Yes	
+ Customer use only: Black Pepper															Yes	Yes	
+ Customer use only: Chilli Oil															Yes	Yes	
+ Customer use only: Extra Virgin Olive Oil															Yes	Yes	
+ Customer use only: Salt															Yes	Yes	
+ Diced chorizo							Yes										
+ Lime Cordial 50ml															Yes	Yes	
+ Meringue		*		Yes			*					*		*	Yes		
+ Orange Squash 50ml													Yes		Yes	Yes	
+ Fiery La Bomba															Yes	Yes	
+ Smokey Tomato Dip	Yes														Yes	Yes	
+ Duo Dip															Yes	Yes	
+ Wild Garlic Aioli									Yes						Yes	Yes	
+ Roquito Chilli Pearls															Yes	Yes	
+ Aubergine bites												Yes			Yes	Yes	
+ Red chillis															Yes	Yes	
+ Ketchup									Yes						Yes	Yes	
+ Balsamic onion															Yes	Yes	
+ Vegan Mozzarisella															Yes	Yes	
+ Basil															Yes	Yes	
+ Roquito Chilli slice															Yes	Yes	
+ Rocket															Yes	Yes	
+ Buffalo Mozzarella							Yes								Yes		
+ Green Pesto															Yes	Yes	
+ Grated Riserva							Yes								Yes		

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Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
+ Goat Cheese							Yes								Yes		
+ Fire Roasted Peppers															Yes	Yes	
+ Torn Spicy Chicken																	
+ Butternut Squash															Yes	Yes	
+ Artichokes															Yes	Yes	
+ Avocado															Yes		
+ Cotto Ham		*										*					
+ Prosciutto																	
+ Mozzarella							Yes								Yes		
+ Garlic Dip															Yes	Yes	
+ Spinach															Yes	Yes	
+ Sun Blush Tomato															Yes	Yes	
+ Torn Chicken Breast																	
+ Olive Oil															Yes	Yes	
+ N'duja																	
+ Olives															Yes	Yes	
+ Pine nuts															Yes	Yes	
+ Prawns			Yes														
+ Pepperoni																	
+ Honeycomb															Yes	Yes	
+ Lemon Wedge															Yes		
+ Mascarpone							Yes								Yes		
+ Pancetta Lardons																	
+ Pizza sauce															Yes	Yes	
+ Pomodoro sauce	*														Yes	Yes	
+ Bolognese	Yes				Yes								Yes				

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Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
+ Red onion															Yes	Yes	
+ Red Pepper Dip															Yes	Yes	
+ Rosemary															Yes	Yes	
+ Sage															Yes	Yes	Fried with other allergens. For cross-contact info see page 3.
+ Spring onion															Yes	Yes	
+ Courgette															Yes	Yes	
+ Whipping Cream							Yes								Yes		
+ Mushroom															Yes	Yes	
KIDS																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Carrot, Cucumber & Little Soul Bread	*	Yes: Wheat										*			Yes	Yes	
Kids Penne Lentil Ragu		Yes: Wheat				*			*			*			Yes	Yes	Boiled with other allergens. For cross-contact info see page 3.
Kids Penne Bolognese	Yes	Yes: Wheat			Yes				*			*	Yes				Boiled with other allergens. For cross-contact info see page 3.
Chilly Billy Ask Your Flavour							*								Yes	Yes	
Kids Flawsome Sweet Apple Carton															Yes	Yes	
+Kids Grapes															Yes	Yes	
Tiny Penne Pomodoro	*	Yes: Wheat							*			*			Yes	Yes	Boiled with other allergens. For cross-contact info see page 3.
Kids Flawsome Apple & Cherry Carton															Yes	Yes	
Kids Penne Cheese		Yes: Wheat		Yes			Yes		*			*			Yes		Boiled with other allergens. For cross-contact info see page 3.

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KIDS																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Kids Penne Pomodoro	*	Yes: Wheat							*			*			Yes	Yes	Boiled with other allergens. For cross-contact info see page 3.
Kids spaghetti cheese		Yes: Wheat		Yes			Yes		*			*			Yes		Boiled with other allergens. For cross-contact info see page 3.
Kids Non-Gluten cheese pasta				Yes			Yes					*			Yes		Non-gluten pasta cooked separately to order.
+ Kids Spinach															Yes	Yes	
+ Kids Chicken																	
+ Kids Tomato															Yes	Yes	
Kids Pasta Twist Cheese		Yes: Wheat		Yes			Yes		*			*			Yes		Boiled with other allergens. For cross-contact info see page 3.
Tiny Tummies Little Soul Bread		Yes: Wheat										*			Yes	Yes	
Kids Oat Chocacino		Yes: Oats					*								Yes	Yes	
Kids Oat Drink		Yes: Oats													Yes	Yes	
Kids Chocacino							Yes								Yes		
Kids Pasta Twist Bolognese	Yes	Yes: Wheat			Yes				*			*	Yes				Boiled with other allergens. For cross-contact info see page 3.
Kids Pasta Twist Pomodoro	*	Yes: Wheat							*			*			Yes	Yes	Boiled with other allergens. For cross-contact info see page 3.
Kids Chips Side															Yes	Yes	Fried with other allergens. For cross-contact info see page 3.
Kids Milk							Yes								Yes		
Kids Spaghetti Pomodoro	*	Yes: Wheat							*			*			Yes	Yes	Boiled with other allergens. For cross-contact info see page 3.
Kids Non-Gluten Bolognese	Yes			*	Yes							*	Yes				Non-gluten pasta cooked separately to order.
Kids Non-Gluten Margherita							Yes								Yes		
Kids Non-Gluten Pomodoro	*			*								*			Yes	Yes	Non-gluten pasta cooked separately to order.
Carrots, Cucumber & Pasta Crisp	*														Yes	Yes	Fried with other allergens. For cross-contact info see page 3.

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KIDS																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Kids Spaghetti Bolognese	Yes	Yes: Wheat			Yes				*			*	Yes				Boiled with other allergens. For cross-contact info see page 3.
Kids Pizza Margherita		Yes: Wheat					Yes					*			Yes		
Kids Non-Gluten Vegan Margherita															Yes	Yes	
+Kids Ham		*										*					
Tiny Non-Gluten Pomodoro	*			*								*			Yes	Yes	Non-gluten pasta cooked separately to order.
+Kids Mushrooms															Yes	Yes	
Kids Vegan Margherita Pizza		Yes: Wheat										*			Yes	Yes	
+Kids Pepperoni																	
Kids Sweet Potato Side						*									Yes	Yes	Fried with other allergens. For cross-contact info see page 3.
+Kids Pizza Olives															Yes	Yes	
+Kids Roasted Peppers															Yes	Yes	
Kids Cones & Sauces (No Gelato)		Yes: Wheat					Yes					Yes		*			
Tiny Spaghetti Pomodoro	*	Yes: Wheat							*			*			Yes	Yes	Boiled with other allergens. For cross-contact info see page 3.
Kids – Apple & Blackcurrant Squash													Yes		Yes	Yes	
Kids – Orange Squash													Yes		Yes	Yes	
Kids Spaghetti Vegan Lentil Ragu		Yes: Wheat				*			*			*			Yes	Yes	Boiled with other allergens. For cross-contact info see page 3.
Kids Pasta Twist Vegan Lentil Ragu		Yes: Wheat				*			*			*			Yes	Yes	Boiled with other allergens. For cross-contact info see page 3.
Kids Non-Gluten Vegan Lentil Ragu				*		*						*			Yes	Yes	Non-gluten pasta cooked separately to order.
Kids Chocolate Gelato				Yes			Yes					Yes		*	Yes		
Kids Vanilla Gelato				Yes			Yes							*	Yes		
+ Kids Mozzarella							Yes								Yes		
Kids Green Beans															Yes	Yes	
+ Kids Honeucomb															Yes	Yes	

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SIGNATURE COCKTAILS																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Rum Forest Rum																	
Tiramisu Espresso Martini		Yes: Wheat		Yes			Yes		*			*					
Amalfi Sundown															Yes		
Garden G&T															Yes	Yes	
Morello Cherry Sour															Yes		
SPRITZ COCKTAILS																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Aperol Spritz													Yes		Yes	Yes	
Limoncello Spritz															Yes		
Pineapple Spritz																	
CLASSIC COCKTAILS																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Pineapple & Citrus Rum Punch																	
Passion Fruitini																	
Strawberry Daiquiri															Yes	Yes	
Raspberry Mojito															Yes	Yes	

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MOCKTAILS																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Strawberry Sparkler															Yes	Yes	
Raspberry & Mint Cooler															Yes	Yes	
Passion Fruit Sparkler																	
Pineapple & Citrus Refresher															Yes	Yes	
White Peach & Raspberry Refresher															Yes	Yes	
Morello Cherry Refresher															Yes		
SOFT DRINK																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
London Essence Pink Grapefruit Soda															Yes	Yes	
London Essence Blood Orange & Elderflower Tonic															Yes	Yes	
London Essence Ginger Ale															Yes	Yes	
London Essence Original Tonic															Yes	Yes	
San Pellegrino Blood Orange															Yes		
San Pellegrino Lemon															Yes		
Apple Juice															Yes	Yes	
Appletiser															Yes	Yes	
Belu Sparkling Water Small															Yes		Vegan? Ask for no lemon slice.
Coke															Yes		Vegan? Ask for no lemon slice.
Coke Zero															Yes		Vegan? Ask for no lemon slice.
Fresh Orange Juice															Yes		
Belu Sparkling Water Large															Yes		Vegan? Ask for no lemon slice.
Sprite Zero															Yes		Vegan? Ask for no lemon slice.
Belu Still Water Large															Yes		Vegan? Ask for no lemon slice.
Belu Still Water Small															Yes		Vegan? Ask for no lemon slice.
Diet Coke															Yes		Vegan? Ask for no lemon slice.
London Essence Roasted Pineapple Soda															Yes	Yes	
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COFFEE																	
Menu Item Name	Celery	Does it contain?													Suitable For?		Comments
		Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Oat Hot Chocolate		Yes: Oats					*								Yes	Yes	
Hot Chocolate							Yes								Yes		
Black Americano															Yes	Yes	
Oat Mocha		Yes: Oats					*								Yes	Yes	
Oat Macchiato		Yes: Oats													Yes	Yes	
Oat Latte		Yes: Oats													Yes	Yes	
Oat Flat White		Yes: Oats													Yes	Yes	
Oat Decaf Mocha		Yes: Oats					*								Yes	Yes	
Oat Decaf Macchiato		Yes: Oats													Yes	Yes	
Oat Decaf Latte		Yes: Oats													Yes	Yes	
Oat Decaf Flat White		Yes: Oats													Yes	Yes	
Oat Decaf Cappuccino		Yes: Oats					*								Yes	Yes	
Oat Decaf Americano		Yes: Oats													Yes	Yes	
Oat Cappuccino		Yes: Oats					*								Yes	Yes	
Oat Americano		Yes: Oats													Yes	Yes	
Americano							Yes								Yes		
Cappuccino							Yes								Yes		

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COFFEE																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Decaf Americano							Yes								Yes		
Decaf Black Americano															Yes	Yes	
Decaf Cappuccino							Yes								Yes		
Decaf Double Espresso															Yes	Yes	
Decaf Espresso															Yes	Yes	
Decaf Flat White							Yes								Yes		
Decaf Latte							Yes								Yes		
Decaf Macchiato							Yes								Yes		
Decaf Mocha							Yes								Yes		
Double Espresso															Yes	Yes	
Espresso															Yes	Yes	
Flat White							Yes								Yes		
Latte							Yes								Yes		
Macchiato							Yes								Yes		
Mocha							Yes								Yes		
TEA																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Tea Peppermint							Yes								Yes		
Tea Green							Yes								Yes		
Tea Fresh Mint															Yes	Yes	
Tea English Breakfast							Yes								Yes		
Tea Earl Grey							Yes								Yes		

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BEER & CIDER																	
Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Does it contain?								Suitable For?		Comments
							Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Peroni 330ml		Yes: Barley													Yes	Yes	
Peroni 660ml		Yes: Barley													Yes	Yes	
Peroni Gran Riserva		Yes: Barley													Yes	Yes	
Peroni Gluten-Free		Yes: Barley													Yes	Yes	Gluten Free Barley
Peroni 0%		Yes: Barley													Yes		
Cornish Orchards Gold Cider													Yes		Yes	Yes	
Peroni Half Pint		Yes: Barley													Yes	Yes	
Peroni Pint		Yes: Barley													Yes	Yes	
Cornish Orchards Raspberry & Elderflower Cider													Yes		Yes	Yes	
Guinness		Yes: Barley													Yes	Yes	
FIZZ & BUBBLES																	
Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Does it contain?								Suitable For?		Comments
							Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Prosecco bottle													Yes		Yes	Yes	
Prosecco 125ml													Yes		Yes	Yes	

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WINES																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Merlot 125ml													Yes		Yes	Yes	
Nero D'Avola 125ml													Yes		Yes	Yes	
Pinot Grigio 125ml													Yes		Yes	Yes	
Pinot Grigio Blush 125ml													Yes		Yes	Yes	
Sauvignon Blanc 125ml													Yes		Yes	Yes	
Trebbiano 125ml													Yes		Yes	Yes	
Zinfandel Blush 125ml													Yes		Yes	Yes	
Montepulciano 125ml													Yes		Yes	Yes	
Chianti 125ml													Yes				
Malbec 125ml													Yes		Yes	Yes	
Frascati 175ml													Yes		Yes	Yes	
Chianti 175ml													Yes				
Chianti 250ml													Yes				
Chianti Bottle													Yes				
Merlot 175ml													Yes		Yes	Yes	
Merlot 250ml													Yes		Yes	Yes	
Merlot Bottle													Yes		Yes	Yes	
Nero D'Avola 175ml													Yes		Yes	Yes	
Nero D'Avola 250ml													Yes		Yes	Yes	
Nero D'Avola Bottle													Yes		Yes	Yes	
Montepulciano 175ml													Yes		Yes	Yes	
Montepulciano 250ml													Yes		Yes	Yes	
Montepulciano Bottle													Yes		Yes	Yes	
Malbec 175ml													Yes		Yes	Yes	
Malbec 250ml													Yes		Yes	Yes	
Malbec Bottle													Yes		Yes	Yes	
Pinot Grigio Blush 175ml													Yes		Yes	Yes	
Pinot Grigio Blush 250ml													Yes		Yes	Yes	
Pinot Grigio Blush Bottle													Yes		Yes	Yes	
Zinfandel Blush 175ml													Yes		Yes	Yes	
Zinfandel Blush 250ml													Yes		Yes	Yes	
Zinfandel Blush Bottle													Yes		Yes	Yes	
Frascati 250ml													Yes		Yes	Yes	
Frascati Bottle													Yes		Yes	Yes	
Pinot Grigio 175ml													Yes		Yes	Yes	
Pinot Grigio 250ml													Yes		Yes	Yes	
Pinot Grigio Bottle													Yes		Yes	Yes	

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WINES																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Sauvignon Blanc 175ml													Yes		Yes	Yes	
Sauvignon Blanc 250ml													Yes		Yes	Yes	
Sauvignon Blanc Bottle													Yes		Yes	Yes	
Trebbiano 175ml													Yes		Yes	Yes	
Trebbiano 250ml													Yes		Yes	Yes	
Trebbiano Bottle													Yes		Yes	Yes	
Frascati 125ml													Yes		Yes	Yes	
SPIRITS																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Amaretto 35.5ml															Yes	Yes	
Tia Maria 35ml															Yes	Yes	
Tequila 35ml															Yes	Yes	
Baileys 35ml							Yes										
Sausage Tree Pure Irish Vodka 35ml															Yes	Yes	
Irish Gunpowder Gin 35 ml															Yes	Yes	
Aperol 35ml															Yes	Yes	
Bacardi Rum 35ml															Yes	Yes	
Bombay Sapphire 35ml															Yes	Yes	
Limoncello 35ml															Yes	Yes	
Morgan spiced rum 35ml																	
Vodka - Absolute 35ml															Yes	Yes	
Irish Gunpowder with Californian Orange Gin 35ml															Yes	Yes	
Campari 35ml															Yes	Yes	

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SPRING SPECIALS 2025																	
Menu Item Name	Does it contain?														Suitable For?		Comments
	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	
Irish Cream Brownie Cheesecake		Yes: Wheat		Yes			Yes			*		Yes		*			
Lobster Mafaldine	Yes	Yes: Wheat	Yes	Yes	Yes	*	Yes	*	*	*	*	*	Yes	*			Boiled with other allergens. For cross-contact info see page 3.
Non-Gluten Lobster Mafaldine	Yes		Yes	*	Yes	*	Yes			*	*	*	Yes	*			Non-Gluten pasta cooked separately to order.
Sarti Spritz													Yes		Yes		
Beef Brisket Bombe	Yes	Yes: Wheat, Barley			Yes	*	Yes					*	Yes				

SUMMER SPECIALS																	
Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	Comments
Diavoletta Bombe		Yes: Wheat					Yes					*			Yes		
Aubergine Fritti						*									Yes	Yes	Fried with other allergens. For cross-contact info see page 3
King Prawn Vongole	*	Yes: Wheat	Yes	Yes	*	*	Yes	Yes	*			*	Yes				Boiled with other allergens. For cross- contact info see page 3
Non-Gluten King Prawn Vongole			Yes	*		*	Yes	Yes				*	Yes				Non-Gluten pasta cooked seperately to order
Dragon Fruit & Strawberry Sundae				Yes			Yes						Yes	*	Yes		
Caramello Sundae		Yes: Oats, Wheat		Yes			Yes			*		Yes		*			
La Dolce Vita Sharer		Yes: Wheat		Yes			Yes			*		Yes	Yes	*	Yes		
Sarti Spritz													Yes		Yes		

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